

# Welcome to New Leaf Resources!

The staff at New Leaf Resources are committed to instilling *hope*, providing *help*, and promoting *healing*. Personal growth and change may be difficult at times. Your therapist will provide a safe and supportive environment and will walk beside you on your journey towards healing.

# **New Client Paperwork**

Please <u>complete these forms</u> and give the packet to your therapist at your first appointment.

- 1. Client Information (2 pages)
- 2. Client Commitment (1 page)
- 3.1 Clients 12 17: Adolescent Data Sheet (3 pages) to be filled out by the adolescent client
- 3.2 Parents of Adolescent Clients 12 17 Data Sheet (7 pages) to be filled out only by the parent/legal guardian of the client
- 4.1 For Clients 3 17: Minor Consent Form (1 page) to be filled out only by the parent/legal guardian of the client
- 4.2 Parent of Client Consent (2 included) one required for each parent
- 5. Divorce/Separation Agreement (2 pages) parent signatures required

# **Privacy Notice Information**

The Privacy Notice of New Leaf Resources is available online at www.newleafresources.org and available at each of the NLR offices by request.



## **CLIENT INFORMATION**

Γ

Name		Date of Birth		
Address	City	State	Zip	
Primary Phone Number	Is it okay to leave a r	nessage? Yes No	Text? Yes No	
Social Security Number	Gender:	Email:		
How did you hear about New Leaf Re	sources? Church Aff	liation (if any)		
IF CLIENT IS A MINOR:				
Your Name		Date of Birth		
Your Name				
Address	City	State	Zip	
Address Primary Phone Number	City Is it okay to leave	State	Zip	
	City City Is it okay to leave this minor? Yes No	State	Zip	

## **BILLING INFORMATION**

(Fill this out if the information is <u>different</u> than the client information)		
Name	Date of Birth	
Address	CityStateZip	
Primary Phone Number	Secondary Phone Number	
Social Security Number	Gender M F	
Relationship to Client		
*New Leaf Resources will send unpaid balances to a co	llection agency if payment arrangements are not initiated by	
the responsible party.		



## **INSURANCE INFORMATION**

(If primary insured is the client—skip to the Primary Insurance Carrier Info)				
Name of Primary Insured			Date of Birth	
Address	City		State	Zip
Primary Phone Number	Gender	М	F	
PRIMARY INSURANCE CARRIER				
Insurance Company Name			Phone Number	
ID Number			Group Number	
SECONDARY INSURANCE CARRIER				
At this time New Leaf Resources will not be filing sec	condary insura	ance f	or our clients. We apol	ogize for the
inconvenience.				

## **ASSIGNMENT & RELEASE**

I select New Leaf Resources (NLR) as my provider of choice. I hereby authorize payment for services directly to NLR. I represent that I have insurance coverage and do hereby authorize NLR to release and obtain all information necessary to secure payment of said benefits. I understand that I am financially responsible for all charges whether or not paid by insurance. I authorize the use of my signature on all insurance submissions.

I acknowledge that NLR has made available to me the Privacy Notice of New Leaf Resources online at www.newleafresources.org and in handout form at each of the NLR offices.

Signature of Client or Parent/Legal Guardian

Printed Name

Date

Relationship to Client



## **CLIENT COMMITMENT**

Thank you for choosing NLR as your counseling services provider. We are committed to helping you reach your goals. We ask that you commit yourself to the timely payment of your agreed upon portion of the charge.

## FEES

Initial Assessment	\$170
Session (1 hour)	\$140
Session (45 minutes)	\$105
Group Therapy Session (1 hour)	\$50/person
Late Cancellation Fee/No Show Fee	\$50
Testing	Varies depending on tests administered
Returned Check	\$25

\*We accept cash, checks, VISA, MASTERCARD, AMERICAN EXPRESS and DISCOVER.

# **PAYMENT POLICY AGREEMENT (initial each section)**

- 1. Insurance co-payments are due at time of service.
- 2. Payment is due upon receiving your monthly statement in the mail.
- 3. I understand that all charges are my responsibility to pay. If I have insurance, I realize that insurance payments do not always cover all fees and that I am responsible for any part not covered.
- 4. I understand that appointments not cancelled within 24 hours will be charged a \$50 fee.
- 5. I understand that if I do not show up for my scheduled appointment I will be charged a \$50 fee.
- 6. I agree that if any portion of my account balance is over ninety (90) days, it will be considered delinquent for the purposes of collection.
- 7. If any portion of my account becomes delinquent (as defined in section 6) and it becomes necessary to institute legal proceedings to collect payment, I further agree to pay the attorney fees incurred through litigation and/or other efforts undertaken to collect such delinquent sums.

I have read and I understand the above policies and agree to abide by them. By signing this commitment form I am agreeing to be the person financially responsible for this client account.

Print Name	Signature		
Name of Client (if different than above)		Date	



Date: Adolescent Data Sheet (ages 12-17) (For therapist records only)		
This form should be filled	out by the <u>adolescent</u> receiv	ing therapy.
Your Name:		Date of Birth:
What brings you in today?		
Whose idea was it for you to co	ome to this appointment?	

Have you had any of the following stressors in the last 6 months or in the past?:

Recent 🗆 Past 🗆
Recent 🗆 Past 🗆

Do you have friend(s) who you really like and feel you can talk to? Yes  $\Box$  No  $\Box$  Not Sure  $\Box$ 

Do you think that your parent(s) listen to you and take your feelings seriously? Yes □ No □ Not Sure □

Do you have any concerns about your relationship with someone in your family that you want to talk about? Yes  $\Box$  No  $\Box$  Not Sure  $\Box$ 

Have you had fun during the past two weeks?	Yes 🗆	No 🗆	Not Sure $\Box$
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What were you doing?\_\_\_\_\_

Below are some questions that will help us understand you better, please check anything that applies to you:

☐ I'm sad or unhappy most of the time	□ I often daydream or get distracted	□ Peers have been cruel to me in my life (i.e. teasing or bullying)
$\Box$ I cry a lot	$\Box$ I forget things	$\Box$ It's hard to trust other people
□ I'm often tired or out of energy	□ I'm not very confident in myself	□ People say I'm bossy
□ At times I feel I have nothing to	□ I sometimes do things without	□ I'm sensitive to criticism from
look forward to	thinking	others
□ I don't seem to care about much	□ I often don't finish things that I	□ I wish I had more friends; I'm
anymore	start	lonely
□ Things in my life are unfair	□ I'm easily bored	□ Sometimes my looks bother me
□ I have had thoughts of suicide	□ I prefer to be moving over	□ I have questions about my sex
or harming myself	sitting	or my physical development
☐ I'm often angry (easily irritated)	□ I have a hard time concentrating	□ I love to take extreme risks
□ I don't enjoy things that I used	□ I get in trouble for talking back	□ I sometimes have thoughts I
to	to adults	can't seem to stop
□ I often don't like going new	$\Box$ I break the rules at home (I	□ Sometimes I hear things or see
places	disobey my parents)	things that others can't
$\Box$ I have a lot of arguments with	$\Box$ I have been in trouble with the	□ I get so angry I have broken
peers	law	things
□ I have a hard time making	$\Box$ I have thought seriously about	□ I check/do certain things over
decisions by myself	running away from home	and over
□ I'm afraid of many things	$\Box$ I have had times I feel in a panic	□ I like to set fires
□ I worry a lot	□ I prefer to be by myself	□ I have experienced abuse from
□ I have stolen things	$\Box$ I have cut myself or mutilated	someone (emotional, physical,
□ I like/need things to be perfect	part of my body (i.e. pulled out my	sexual)
	hair)	

## **Emotional Concerns**

# **School Concerns**

## **Physical Concerns**

□ I have a lot of aches and pains	□ I'm worried about my health or eating habits
□ I have difficulty sleeping (i.e. nightmares or	□ I recently have had a big change in my weight or
sleepwalking)	appetite
	□ I need very little sleep

### **Substance Use**

□ I've tried marijuana or other drugs □ Some people in my family drink or take drugs so
much that it worries me

What do you feel are your personal strengths? \_\_\_\_\_

What are your favorite things to do?\_\_\_\_\_

What four words best describe you?



	<b>rm for Adole</b> therapist reco		s 12-17)		
Per	rsonal Inforn	nation			
Name:		_ Date of Birt	h:		
Address:					
City:	State:		Zip:		
Form completed by:	R	elationship to	client:		
Contact numbers therapist can call:		Approval to le	eave a messa	ge: Te	xt:
Cell:		Yes	No	Yes	No
Other:		Yes	No		
Email:		Yes	No		
In case of emergency who should be contac	:ted?				
Primary #	Secondary	/#			
Parent's Marital Status: Single 🗆 Marri	ied 🗆 Divorced	□ Widowed	d 🗆 Living v	with Partne	r 🗆
If divorced what are the custody arrangeme	ents:				
What is your reason for seeking counseling	for your child at	this time?			

Please tell us about the household/family with which your child spends the majority of his/her time (or who currently lives with your child). List primary household information first, then list other living situations/supportive relationships:

Name	Relation (bio mom, bio dad, step-parent, bio-sibling, step- sibling, etc.)	Age	Living wit	th you?
			Yes 🗆	No 🗆
			Yes 🗆	No 🗆
			Yes 🗆	No 🗆
			Yes 🗆	No 🗆
			Yes 🗆	No 🗆
			Yes 🗆	No 🗆
			Yes 🗆	No 🗆

Do you have significant concerns about your child's relationship with a family member? Yes □ No □

Please explain: \_\_\_\_\_

## Your Child's Developmental History

Ic	your child adopted?		If was at what ago?
IS	your child adopted?		If yes, at what age?

Does your child know? Yes □ No □

Has your child ever been or currently in Foster Care? \_\_\_\_\_

Were there any complications with the pregnancy of this child that that might have impacted his/her prenatal health or development? (Mother had significant illness, smoked cigarettes, drank alcohol, experienced severe bleeding, et.):

Were there signification	ant conce	rns with your	child's delivery,	health, or	development	in the first few	years of
his/her life?	Yes 🗆	No 🗆					

If yes, please explain:\_\_\_\_\_

Has your child experienc	ed any of the following in so	chool?	
Learning Problems 🛛	Discipline Problems 🗆	Social Problems $\Box$	Emotional Problems $\Box$
What is your child's learn	ning style (visual, auditory,	tactile, etc.)?	
Does your child have an l	EP? Yes 🗆 No 🗆		
If yes, what is being addr	essed?		
Has there been any acade	emic or psychological testin	g done at school or else	where? Yes 🗆 No 🗆
If yes: when and where?			
Results:			
Have any of your child's l	piological relatives had any	learning concerns:	

## Spirituality

Does your family have any past or current spiritual/religious beliefs, practices, or affiliations? Is your child involved with any religious activities?

# **Physical Health/Concerns**

Describe any major health problems/surgeries/hospitalizations for any physical or emotional problem that your child has *had* or is *currently* being treated:

Does your child have any biological relatives that have physical health concerns?

Name		Dose/Frequency	Purpose
	(If more space needed	l, please continue on back	z)
Do you have any nutritional	concerns with your chi	ild? Yes 🗆 No 🗆	
If yes, please explain:			
Name of Physician(s):			
Recent/Present Physi	cal Concerns (please ch	eck all of the symptoms	below that apply to you):
□ Stomach Aches	□ Headaches	□ Backaches	□ Eating Difficulties
$\Box$ Reproductive Concerns	□ Grinding Teeth	□ Sinus Problems	□ G.I Issues
□ Migraine Headaches	□ Blackouts	□ Cancer	□ Sleep difficulties
□ Decreased Energy	□ Ulcers	🗆 Chronic Pain	□ Other:
	Subst	tance Use	
Has your child ever tried:	Tobacco 🗆 Drugs	G 🗆 Alcohol 🗆	
Do you suspect a problem w	rith any substances?	Yes 🗆 No 🗆	
If so, please explain:			

What medications is your child currently taking (prescription/OTC/Supplements):

# **Emotional Concerns**

*Recent/Present* Emotional Concerns (please check all of the symptoms below that apply to your child):

□ Loss of Interest	□ Difficulty Remembering	□ Avoid Going Places
🗆 Guilt	□ Confusion	□ Avoid Being With Others
Concentration Difficulty	Difficulty Making Decisions	□ Checking Things Repeatedly
□ Loss of Appetite	□ Pornography	□ Intense Fear
□ Thoughts of Self-Harm	□ Taking Risks	□ Concerns with alcohol
□ Thoughts of Harming Others	□ Racing Thoughts	□ Concerns with Drug Use
□ Depression	□ Hearing Voices	□ Excessive Technology Use
□ Feelings of Hopelessness	□ Seeing Things	□ Work Problems
□ Episodes of Crying	□ Anxiety	□ Financial Problems
□ Moody	□ Panic Attacks	□ Learning Problems
□ Feeling Empty Inside	□ Anger	□ Relationship Problems
□ Afraid of Rejection	□ Worry	□ Easily Irritated
□ Sensory Concerns	□ Other:	□ Other:

Are there other concerns (not listed above) that you want to discuss?

Have any of your child's biological relatives ever had any psyc	chiatric pi	oblems?	Yes 🗆	No 🗆
Has your child had a history of trauma, abuse, or neglect?	Yes 🗆	No 🗆		
If yes, please explain:				

Physical Sexual Emotional Neglect Verbal
Natural Disaster Spiritual Domestic Violence Health
If other, please explain:
Has your child had any major losses in his/her life? Yes 🗆 No 🗆
If yes, please explain:
Major stressors in the past year: Yes $\Box$ No $\Box$
Court System Family School Relationships Other
Please Explain:
What are your child's personal strengths and/or hobbies?
Has your child previously attended Counseling/Therapy (group or individual): Yes □ No □ Was it helpful?
Have you previously attended Counseling/Therapy (group or individual): Yes □ No □ Was it helpful?
Are you aware if there are any family members, relatives, or friends currently receiving counseling at New Leaf Resources? Yes D No D
If so, who? Whom can your child count on for <b>support/resources:</b>

If Yes, what types of abuse or trauma has he/she experienced?



# **Consent & Agreement for Treatment - Minor**

Client (Minor) Name	Date of Birth
(A separate form must be completed for each minor participatin	g in treatment)
If I participate in sessions with my child's therapist, I am requi	red to review and sign the Consent & Agreement for
Treatment for Adults Form.	
I, (parent/guardian)	_ do hereby authorize New Leaf Resources to provide

counseling/treatment for (child) \_\_\_\_\_\_as described on the adult consent form. I give this

consent as the client's custodial parent or legal representative.

I understand that even if I do not participate in the treatment, the therapist is able to share with me the following information without authorization from the client:

- Current mental condition / status
- Diagnosis
- Treatment needs / recommendations
- Times and dates of service
- Billing / Insurance / Payment information

#### CLIENT'S BEING SEEN IN ILLINOIS:

- Client's under age 12: The parent or legal representative has the right to all treatment information.
- Client's ages 12—17: The parent or legal representative has the right to access only the information listed above, unless the client signs an authorization specifically releasing more information.
- Minors receiving services in Illinois who are age 12 or over are permitted to consent on their own behalf for up to 5 sessions, up to 45-minutes in length and may request that their parents not be notified of the service. Under these circumstances, the parent cannot be held liable for cost of services.

#### CLIENTS BEING SEEN IN INDIANA:

- Clients ages 0 –17: The parent or legal representative has the right to all treatment information
- Minors receiving services in Indiana are not able to consent to any sessions on their own behalf.
- I also understand I may revoke this consent at any time by giving written notice to the therapist.

Printed Name of Parent/Legal Guardian of Minor Client

Parent/Legal Guardian Date of Birth

Signature of Parent/Legal Guardian of Minor Client

Date



# **Consent & Agreement for Treatment - Parent/Legal Guardian**

## CONSENT TO COLLECT, CREATE, USE, MAINTAIN AND DISCLOSE YOUR HEALTH INFORMATION

#### (A separate form must be completed for each adult participating in treatment)

When we examine, diagnose, treat or refer you we will be collecting what the law calls Protected Health Information (PHI) about you. This information may include your health records, health history, symptoms, examination and test results, diagnosis, treatment plans, and billing and health insurance information. We need to use this information to decide on what treatment is best for you and to provide treatment to you. We may also share this information with others who provide treatment to you or need it to arrange payment for your treatment, or for other business (such as supervision) or required government functions (such as reporting abuse).

# The New Leaf Resources (NLR) Privacy Practice Notice explains in more detail your rights and how we can use and share your information. The NLR Privacy Practice Notice is available online at www.newleafresources.org and available at each of the NLR offices by request.

#### **Informed Consent**

Informed Consent is an interactive process between client and therapist involving your right to have the following information explained to you:

- Your condition or diagnosis
- The nature and purpose of treatment
- The likelihood of success
- The risks and potential consequences of treatment, including refusing treatment and the consequences of doing so
- The alternatives to treatment, including refusing treatment and the potential consequences of doing so
- The right to include or exclude your family or significant other/s in treatment, to the extent permitted by the law

### By Signing This Form, I Am Indicating

- I have read, understand and agree to the terms of the Consent & Agreement for Treatment as outlined above, except as otherwise noted in writing.
- I have been given the opportunity to review and have access to a copy of the NLR Privacy Practice Notice. NLR
  reserves the right to change its notice and practices at any time, if it sends a copy of the revised notice to the
  address that I have provided.
- As a consenting adult, I agree to permit the staff at NLR to provide me with treatment services.
- I understand that I have the right to request restrictions on the use or disclosure of my information. I understand
  that NLR is not required to agree to those restrictions, but if it does, it must honor the restriction unless I revoke
  the request or it notifies me that it is no longer going to honor the request. NLR has a form available for me to
  complete if I wish to request a restriction.
- I understand that I have the right to discontinue treatment at any time.
- If I do not sign this consent form, New Leaf Resources will not be able to treat me.

Printed Name of Parent/Legal Guardian of Minor Client

Parent/Legal Guardian Date of Birth

Signature of Parent/Legal Guardian of Minor Client

Date



# **Consent & Agreement for Treatment - Parent/Legal Guardian**

## CONSENT TO COLLECT, CREATE, USE, MAINTAIN AND DISCLOSE YOUR HEALTH INFORMATION

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- I understand that I have the right to request restrictions on the use or disclosure of my information. I understand
  that NLR is not required to agree to those restrictions, but if it does, it must honor the restriction unless I revoke
  the request or it notifies me that it is no longer going to honor the request. NLR has a form available for me to
  complete if I wish to request a restriction.
- I understand that I have the right to discontinue treatment at any time.
- If I do not sign this consent form, New Leaf Resources will not be able to treat me.

Printed Name of Parent/Legal Guardian of Minor Client

Parent/Legal Guardian Date of Birth

Signature of Parent/Legal Guardian of Minor Client

Date



# Divorce/Separation Agreement

As the therapist you have chosen to work with your child(ren) during this difficult time, it is important to establish certain limits regarding the therapist's role in your and your child's life. The following limitations must be agreed upon as your child's therapist works with your child in order to enhance the therapeutic work and develop a positive, open relationship:

- 1. The role of your child's therapist is to create a therapeutic and safe environment for the sharing of feelings related to your divorce. It is understood that the therapist's neutrality in any post-divorce settlement dispute is for the benefit of your child.
- 2. Conflictual issues will not be addressed to the therapist for intervention. Any concerns regarding visitation or parenting may be presented to the child's representative, Guardian Ad Litem or your attorney. The therapist can provide you with interventions and strategies to enhance your child's mental and emotional health but will refrain from any comments regarding the other parent.
- 3. It is also understood that once therapy has commenced, your child's therapist will not speak with either of your attorneys, nor will your child's therapist appear in court proceedings related to the divorce/custody settlement or visitation disputes. Any information for such proceedings will be communicated by the child's representative or Guardian Ad Litem.
- 4. Therapy will terminate at a mutually agreed upon time or such earlier time as the therapist believes that the terms of this agreement are not being met and/or if the therapist believes that a continued therapeutic relationship would not be appropriate.
- 5. In the event that phone calls or reports related to the divorce are provided by the therapist, time spent on these activities will be billed at our normal hourly rate. Insurance does not pay for these services.
- 6. It is agreed that a condition of a New Leaf therapist treating your child is that with regard to any pending, contemplated or subsequent litigation regarding this child custody or visitation issues, both parents will and do hereby irrevocably stipulate that the child's therapist *is and will be an incompetent witness*. It is understood that by executing this agreement the parties stipulate that the therapist cannot be called to testify with regard to any matters involving his or her therapeutic relationship with your child. It is further understood and agreed that should the therapist contact or be contacted with any courtroom issues (including where he or she is obligated to participate pursuant to the Abused and Neglected Child Reporting Act and/or Juvenile Court Act and communications with the child's representative or Guardian Ad Litem, custody evaluators or otherwise) and regardless of the circumstances, the parents shall

be individually and severally liable for the payment of fees at our current hourly rate for any time spent. It is also agreed that should your therapist hire an attorney to represent him or her with regard to any such matter or communications, that the parents be jointly and severally liable for all such attorney fees.

- 7. If either party, or the child's representative or Guardian Ad Litem attempts to secure the therapist's testimony at a deposition or otherwise and the therapist choose to be represented, and at the therapist's sole discretion, both parents shall be jointly and severally liable for all attorney's fees and costs incurred and the parents hereby agree to indemnify the therapist for any such fees and costs regardless of outcome including fees, expenses, or costs associated with any collections matters which may result from non-payment of fees.
- 8. It is understood that should there be pending a case involving the parents or guardians which in any way involves child custody or visitation an order must be entered incorporating this document as an agreed order by both parties.

This agreement must be signed by both parties involved in pending, contemplated, or subsequent litigation regarding child custody or visitation issues, and failure to meet or comply with any provision of this agreement shall result in the initiation of an immediate termination of therapy procedure and both parties agree to submit this agreement to their attorneys prior to initiating or resuming services with the therapist for their review and acceptance.

Signature of Father/Guardian	Date
Signature of Mother/Guardian	Date
Witness	Date