

Turning a New Leaf



Volume 13, Issue 2

- Promoting healthy relationships and personal growth from a Christian perspective -

Spring 2022

'988' National Suicide & Crisis Lifeline Going Live July 16th

On July 16, 2022, the National Suicide Prevention Lifeline, '1-800-273-TALK (8255)' will transition to an easy-to-remember, 3-digit number: **(988)**.

The new three-digit dialing code connects people to the existing National Suicide Prevention Lifeline, where compassionate, accessible care and support is available for anyone experiencing mental health-related distress—whether that is thoughts of suicide, mental health or substance use crisis, or any other kind of emotional distress.

People can also dial 988 if they are worried about a loved one who may need crisis support.

Starting July 16, 2022, when calling 988, callers first hear a greeting message while their call is routed to the local Lifeline network crisis center (based on the caller's area code). A trained crisis counselor will answer the phone, listen to the caller, understand how their problem is affecting them, provide support, and share resources if needed. If the local crisis center is unable to take the call, the caller will automatically be routed to a national backup crisis center. The Lifeline provides live crisis center phone services in English and Spanish and uses Language Line Solutions to provide translation services in over 250 additional languages for people who call 988.

Contact by 'Text' (English only) will be available through 988 by July 16, 2022. When someone texts to 988, they will be responded to by a group of Lifeline crisis centers that respond to chat and text. This service will expand over the next few years to increase local and state level response.



Once connected, a crisis counselor will listen to you, work to understand how your problem is affecting you, provide support, and share resources that may be helpful.

988 is different than 911. 988 was established to improve access to crisis services in a way that meets our country's growing suicide and mental health-related crisis care needs. 988 will provide easier access to the Lifeline network and related crisis resources, which are distinct from the public safety purposes of 911 (where the focus is on dispatching Emergency Medical Services, fire and police as needed).

Suicide prevention is a critical need. Since 2008, suicide has ranked as the tenth leading cause of death in the United States. Suicide claimed the lives of more than 44,000 Americans in 2020, and evidence suggests that the COVID-19 pandemic has exacerbated suicidal thoughts and actions.

Individuals who need help before July 16th can call the National Suicide Prevention Lifeline at: 1-800-273-8255 (1-800-273-TALK)

Board of Directors

President

Carol Moxey-Mesman

Vice President

Tim Groenewold

Treasurer

Hal Brown

Secretary

Thiesa Hubers

Directors

Rev. Cal Aardsma, Jim Benes,

Kari Coffey, Ken Cowan,

Judy Doot, Stephanie Rodriguez

Stated Clerk

Rev. Gerrit Veenstra

Executive Director

Rev. Corky DeBoer

Offices

2325-177th Street
Lansing, IL 60438
(708) 895-7310

11035 Broadway, Suite D
Crown Point, IN 46307
(219) 226-1810

5578 W 1100 N
Wheatfield, IN 46394
(219) 270-3395

info@newleafresources.org
www.newleafresources.org

Our Mission:

To promote healthy relationships, personal growth and healing through professional counseling, education, and consultation from a Christian perspective.

The Privilege of Caring

"Caring is the privilege of every person and is at the heart of being human." -Henri Nouwen, Our Greatest Gift

After the past two years of heightened uncertainty and stress caused by the pandemic and a myriad of other dynamics, I want to acknowledge and thank each of you for the care that you have provided for those in your personal and professional spheres. As Nouwen reminds us, "Caring is the privilege of every person and is at the heart of being human."

I have spent considerable time thinking about the individuals who have provided care for me. Such reflection has given me the opportunity to personally express my thanks and gratitude to God for bringing these caring and compassionate friends into my life. Providing such care and compassion is no easy feat. Nouwen underlines this challenge in 'A Spirituality of Caregiving', saying:

"Compassion is hard because it requires the inner disposition to go with others to the place where they are weak, vulnerable, lonely and broken. But this is not our spontaneous response to suffering. What we desire most is to do away with suffering by fleeing from it or finding a quick cure for it."

In our previous newsletter, I highlighted what has become apparent over the past two years: people are more aware and open to seeking ways to address their well-being, not just physically, but emotionally and spiritually as well. While most of us can offer a measure of personal care to others, the complexities of our lives and those we love at times require the additional care, compassion and professional expertise of Christian counselors.

I'm grateful that our New Leaf team, through your care, prayer, and financial support, has been able to provide excellent counseling services to thousands over the past 40 years. Yes, your prayers and financial support are an integral part of that care, and are so much needed as the demand for Christian counseling and guidance is as great - if not greater - than it has ever been.

Whether you have been a long-time supporter, or are just learning about our ministry, you are vital in our efforts to fulfill our mission: "To promote healthy relationships, personal growth and healing through professional counseling, education and consultation from a Christian perspective."

I hope to see and thank many of you in person at our celebration event on June 21. If you are not able to attend, I encourage you to bless us with your gift by mail, or by using our online giving platform at www.newleafresources.org/donate2.cfm

Thanks for your partnership as together we continue to provide hope, help, and healing!

In God's strength,

Corky DeBoer



Estate Planning with our Ministry Partner

As Christians, each of us is a steward of whatever God has entrusted to us. Barnabas Foundation encourages people to develop an estate plan which meets their individual and family needs and reflects their values, including the support of Christian ministries that are important to them.



Welcoming Therapist Imari Hunter to Lansing!



New Leaf is happy to introduce Imari Hunter!

She comes to us from Trinity Christian College and Columbia College of Chicago. Our Lansing office is happy to be adding her as a Licensed Professional Counselor, and also as our 42 year old organization's first Dance/Movement Therapist.

Imari has worked with both adolescents and adults on issues related to spirituality, mood, adjustment, self-esteem, peer relationships, racial identity, and coping skills.

The types of therapy that Imari offers include: Dance/Movement therapy, mindfulness, Cognitive Behavioral Therapy and helping Christians with their spiritual growth. She believes that there are many different versions of health; including mental health, physical health, social health, and spiritual health, and enjoys journeying with clients as they pursue what health is and means for them personally.

If you'd like to make an appointment with Imari, contact New Leaf today at (708) 895-7310



Covenant Christian Service Week Volunteers at New Leaf Wheatfield



Thank you to the volunteers from CCHS who came to help with landscaping on April 25th. We were thankful for their hard work, and especially enjoyed their happy faces, which matched the mission stated on their backs:

**Each of you has been blessed with
one of God's many wonderful gifts
to be used in the service of others.
So use your gift well.
1 Peter 4:10**

Celebration Dinner June 21st, 6:30-8:30pm



Join us at **Illiana Christian HS**
for food, fellowship, music, and
a night to celebrate the work
God has done in our ministry!



10920 Calumet Ave
Dyer, IN

RSVP by June 7
marc@newleafresources.org
708.895.7310 x1016

Open to all supporters, longstanding - and brand new!
A free-will offering will be taken, with all proceeds benefitting our Marty Doot Client Assistance Fund.
All costs for the evening will be underwritten by generous business sponsors.

 **new leaf resources**
hope. help. healing.
2325 - 177th Street
Lansing, IL 60438
www.newleafresources.org

Return Service Requested

Non-profit Org.
U.S. POSTAGE
PAID
Lansing, IL
Permit No. 8

**prefer
paperless?**

Email us at:
info@newleafresources.org



[facebook.com/
NewLeafResources](https://facebook.com/NewLeafResources)

 **new leaf resources**
hope. help. healing.

**YOU are invited to our
Celebration Dinner!**

June 21st, 6:30-8:30pm



**More Info
Inside!**