

To the New Leaf Staff,

“There comes a time when we have to stop and reflect on our life. I knew I had some problems but I could handle them by myself. However time proved me wrong. I was unhappy, grew increasingly depressed, useless, hopeless and felt alcohol added more problems. Time and denial only deepened the problems. I reluctantly, with shame, sought help and felt a like a failure in a life of overwhelming darkness.

After getting past the initial feeling of failure and fear, I started to share my problems and slowly developed a sense of trust with the counselor. I wasn't the easiest person to deal with, I was full of mistrust, I questioned, resisted and doubted. At one point, I didn't even care about life...total despair. But with the grace of God and a counselor, that understood and listened to me and that I could count on; things slowly started to change.

At New Leaf, I found a caring, non-judgmental person who gave gentle encouragement and support. I appreciated the insights I gained, the wisdom and concern of the counselor, and the respect with which I was treated. Thank you for all the help and care for us whose lives are in such turmoil. New Leaf Resources has truly given us HELP, HOPE AND HEALING. I was broken and now I'm whole. You have truly given us a New Leaf in life.

Sincerely,

*A Saved Soul”*